

*Make a difference - with training!*

Choose the training option that's right for you!

▶ **Leader Training Workshops**

(LTW) - (p. 4) live workshops for parent educators to learn how to lead parents through an Active Parenting program

▶ **Online Leader Training Workshops**

(OLTW) - (p. 3) train from the comfort of your home or office

▶ **Training of Trainers (TOT)** - (p. 12)

a three-day workshop to become a trainer of parent educators

▶ **Customized Workshops** - (p. 16)

specially designed to suit your needs

▶ **Program Kits** - (p. 6-15)

video-based parenting education programs

Register  
Get  
**4<sup>th</sup>**  
**FREE!**

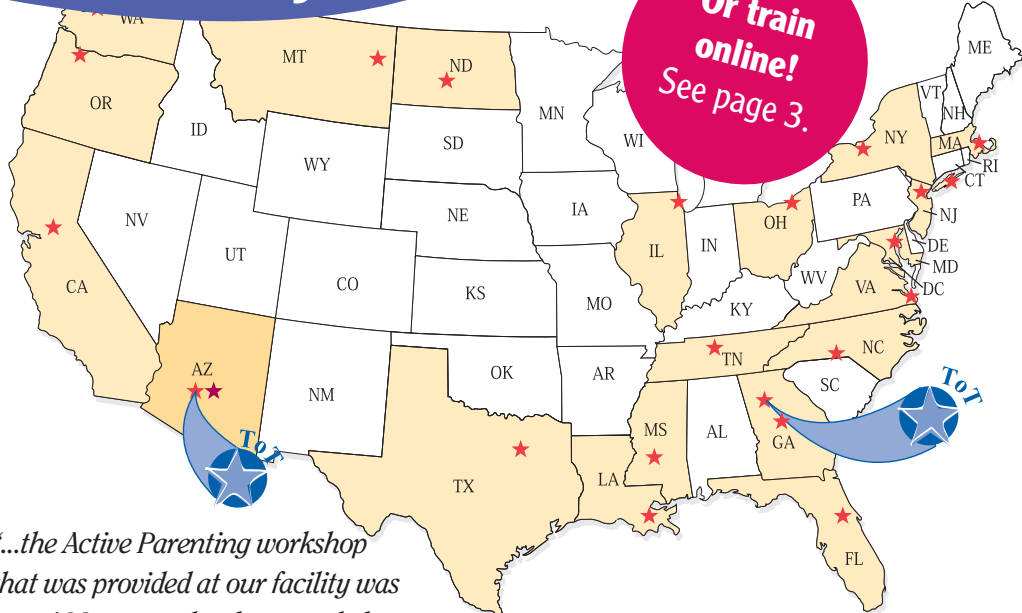
Leading a parent education group can be one of the most satisfying professional experiences you will have. Let Active Parenting train you to lead successful parenting groups with confidence.

nbcc APPROVED



# There's a training coming soon to a town near you!

Or train online!  
See page 3.



*"...the Active Parenting workshop that was provided at our facility was great! Many people who attended are still talking about it."*

-Silvia P. Reyes, Director  
Family Counseling Services of Greater Miami

See pages 5-11 for  
workshop dates

## Get Certified!

It's as easy as 1-2-3

- 1 Attend one of the Leader Training Workshops scheduled for this spring (see pages 6-11 for dates and locations), attend a private training conducted by a certified Active Parenting trainer, or complete an online Leader Training Workshop. You'll receive your certification packet at the training.
- 2 Conduct a complete Active Parenting parent education class.
- 3 Mail your Leader/Parent Group Summary, participant evaluations, and self-evaluation back to Active Parenting.

We'll review your application and the materials provided in Step #3. If all the requirements and standards are met, you'll receive your certificate!

For complete details, please contact Training Coordinator Micole Mason at 1-800-825-0060 x120 or [training@activeparenting.com](mailto:training@activeparenting.com).



# Online LEADER TRAINING WORKSHOPS

## Attend a Leader Training Workshop any time, anywhere - online!

Study at your own pace with the Online Leader Training Workshop (OLTW). It's a comprehensive, 25-30 hour class complete with video, interactive exercises, and discussion. The online class is self-study and you will also have the ability to communicate with experienced trainers and leaders via the bulletin board. CEUs and certification available, too! For more information, including video, go to [www.ActiveParenting.com/OLTW](http://www.ActiveParenting.com/OLTW).

### What will I learn?

**Part 1: How to Lead a Great Parenting Group** (3 hours) gives you key skills for leading a successful group, picking a good curriculum, and being a good class problem-solver.

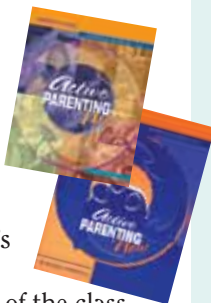
In **Part 2** (22-27 hours), you will explore the *Active Parenting Now* program in depth, learning how to present the concepts, how to guide parent discussions, and how to run the activities. You will be provided your own copy of the Leader's Guide and the Parent's Guide to make notes.

### How much will it cost?

Part 1 is \$49.95 and Part 2 is \$159.95. Get both for \$169.90. **Register 3, get 4th free!**

### What will I get?

- access to the entire class for 60 days—you can even go back and review as needed
- *Active Parenting Now* Parent's Guide (\$14.95 value)
- *Active Parenting Now* Leader's Guide (\$49 value)
- .3-3.0 CEUs upon completion of the class
- certification packet
- 20% off program kit cost (Part 2 only)
- Membership in the online Leaders' Forum



**NEW!**



See promo  
video on our  
site!

### When does my class start?

Classes start at the beginning of each month. We'll send your books and an enrollment key when you order.

### For more information...

Go to our web site for complete details ([ActiveParenting.com/OLTW](http://ActiveParenting.com/OLTW)), or call Training Coordinator Micole Mason at 1-800-825-0060 x121.

### Satisfaction guaranteed!

If you are not satisfied for any reason, let us know within 30 days of your class start date and before printing your Certificate of Completion for a full refund of your registration fee. Books must be returned in clean condition.

### AGENDA

#### Part 1 - How to Lead a Great Parenting Group

- Finding a great curriculum
- Developing great leadership skills
- Becoming a great problem-solver

#### Part 2 - Active Parenting Now Leader Training

- Introduction: The Active Parenting Learning System
- Understanding and leading each session:
  - Session I: The Active Parent
  - Session II: Winning Cooperation
  - Session III: Responsibility & Discipline
  - Session IV: Understanding & Redirecting Misbehavior
  - Session V: Building Courage, Character, & Self-Esteem
  - Session VI: The Active Family Now
- Final Assessment Quiz

# LEADER TRAINING WORKSHOPS

LEADER: one who guides a group of parents through an Active Parenting Program.



## Your Training Coordinator

Training Coordinator Micole Mason is ready to help with your training questions. Just give her a call at 800-825-0060 x120.

## Invest one day . . . change hundreds of lives

In one day at an Active Parenting Leader Training Workshop (LTW), you'll learn to lead effective parenting groups using our award-winning, evidence-based programs. We've trained more than 30,000 people in the past 29 years—leaders just like you.

We'll show you how to use our popular video-based programs to make your classes entertaining and filled with practical parenting skills that parents can start using immediately.

## At an Active Parenting Leader Training Workshop, you will:

- learn from a certified, veteran trainer
- find ways to address your group's special needs
- enhance your facilitation skills
- take an in-depth look at one of our parenting education programs
- network with other educators



## Your workshop will show you how to:

- Implement a program in a variety of settings
- Provide encouragement to parents
- Improve group discussions
- Get more parents to join your group
- Become a more effective facilitator

## Here's what you get!

- free Parent's Guide & Training Guide
- 20% off program kit for your LTW
- \*seven hours of instruction
- Certification Packet
- \*.7 CEUs from NBCC or 7 contact hours
- certificate of attendance
- \*morning and afternoon snacks

\*full-day workshop only

## Satisfaction guaranteed

If you are not satisfied for any reason, let us know within 30 days of your training date and we'll refund your registration fee.

## Leader Training Workshops Pricing Information

**FREE Parent's Guide with each workshop.** Plus Training Guide, Certification Packet, and more. A \$50 value!



### 1-Day Workshops —

**Regular Price:** . . . . . \$159  
**Early Bird Special:** (3 weeks before workshop) . . . . \$139  
**Walk-in Rate** . . . . . \$179

**Special Offer: register 3, get 4th free!**

☛ Add a program kit for 20% off kit price (kit for LTW only, when ordered with registration)

### Five-Hour Workshops —

**Regular Price:** . . . . . \$129  
**Early Bird Special:** (3 weeks before workshop) . . . \$109  
**Walk-in Rate** . . . . . \$149

**Special Offer: register 3, get 4th free!**

☛ Add a program kit for 20% off kit price (kit for LTW only, when ordered with registration)

### 1½-Day Workshops —

**Regular Price:** . . . . . \$219  
**Early Bird Special:** (3 weeks before workshop) . . . \$199  
**Walk-in Rate** . . . . . \$239

**Special Offer: register 3, get 4th free!**

☛ Add a program kit for 20% off kit price (kit for LTW only, when ordered with registration)

**LTW Cancellation Policy:** If you cancel at least 15 business days prior to the LTW, all but \$25 will be refunded. Otherwise, a credit will be issued for future Active Parenting training or materials (less a \$25 cancellation fee). Dates and locations are subject to change. Active Parenting Publishers cannot be held responsible for non-refundable travel reservations.

# Active Parenting Combined LTW

Active Parenting Now and Active Parenting of Teens combined full-day workshop

The combined training workshop uses the popular *Active Parenting Now* and *Active Parenting of Teens* video and discussion program kits (see opposite page). This comprehensive workshop will teach you how to use both of these award-winning programs to create a parent education experience that will last a lifetime. We'll take you through the ins and outs of leading dynamic parenting groups while showing you:

- How to guide frustrated parents to greater self-confidence in their roles as parents
- Concrete skills to build courage and self-esteem in children and teens
- What teens are experiencing and their need for challenge
- Roles parents can play in the prevention of alcohol abuse and other drug use
- Effective ways to help parents discuss sexuality with teens
- Family meetings and why they're important
- How the "method of choice" can prevent power struggles
- How to teach positive values

See next page for Spring dates and locations.



## AGENDA

8:30 – 9:00am Registration

### Part 1 - The Active Parenting model

9:00 – 10:00am The Active Parent

10:00 – 10:30am Communication and cooperation

10:45 – 12:00pm Discipline and responsibility

12:00 – 1:00pm Lunch on your own

1:00 – 1:30pm Implementing a parenting course

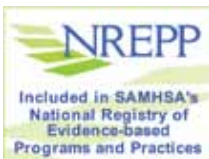
### Part 2 - Working with parents of teens

1:30 – 2:00pm Introduction to parenting teens

2:00 – 2:30pm Building courage, redirecting misbehavior

2:45 – 3:45pm Teen program sessions V and VI: Drugs, sexuality, and violence

3:45 – 4:15 pm Closing and Evaluations



Register 3  
Get 4<sup>th</sup>  
FREE!

## Pricing Full-Day Workshops:

**Regular Price:** ..... \$159

**Early Bird Special:**

(3 weeks before workshop) ..... \$139

**Walk-in Rate** ..... \$179

**Special Offer: register 3, get 4th free!**

☛ Add a program kit for 20% off kit price (kit for LTW only, when ordered with registration)

*LTW Cancellation Policy: see page 4.*

# Active Parenting Combined LTW

**\*Take  
20% OFF**  
kit price with registration



## Active Parenting Now program kit

by Michael H. Popkin, PhD

For parents of children ages 5-12. Six-session program kit includes 156 minutes of video, a Leader's Guide, a Parent's Guide, a parent certificate, 2 posters, a promo flyer, and a key points magnet.

Six-session format

#TR12E1900 . . . . . ~~\$399.00~~ **\$319.20\***+s/h

Also available: three-session format

#TR12E1930 . . . . . ~~\$299.00~~ **\$239.20\***+s/h

## Active Parenting of Teens program kit

by Michael H. Popkin, PhD

For parents of teens and 'tweens. Six-session program kit includes 154 minutes of video, a Leader's Guide, a Parent's Guide, a parent certificate, 2 posters, and a reproducible promo flyer.

#TR12E4500 English . . . . . ~~\$399.00~~ **\$319.20\***+s/h

#TR12E4510 Spanish . . . . . ~~\$399.00~~ **\$319.20\***+s/h

*\*with training registration & VIP code. Cannot be combined with other offers.*

## DATES Spring 2012

**Active Parenting Now and Active Parenting of Teens** (see page 4 for fees)

### ARIZONA

\*Mesa . . . . . January 26-27, 2012

*\*This is a special training. Call Nancy Spence at 480-357-0996 for details.*

Phoenix . . . . . March 21, 2012

### CALIFORNIA

Sacramento . . . . . March 30, 2012

### FLORIDA

Orlando . . . . . April 28, 2012

### GEORGIA

Atlanta (Marietta) . . . . . April 27, 2012

Atlanta (Decatur) . . . . . July 11, 2012

Jonesboro . . . . . March 17, 2012

### ILLINOIS

Chicago . . . . . May 3, 2012

### MASSACHUSETTS

Plymouth . . . . . March 15, 2012

### MARYLAND

Baltimore . . . . . April 27, 2012

### MISSISSIPPI

Jackson . . . . . TBA

### MONTANA

Glendive . . . . . May 11, 2012

### NEW JERSEY

East Orange . . . . . April 5, 2012

### NEW YORK

Port Jefferson . . . . . April 20, 2012

Rochester . . . . . June 15, 2012

### NORTH CAROLINA

Charlotte (Kannapolis) . . . . . April 20, 2012

### OHIO

Cleveland . . . . . March 9, 2012

### OREGON

Portland . . . . . March 31, 2012

### TENNESSEE

Nashville . . . . . May 24, 2012

### WASHINGTON

Seattle . . . . . March 28, 2012

### VIRGINIA

Virginia Beach . . . . . March 15, 2012

# Cooperative Parenting and Divorce LTW

See page 9  
for divorce/  
stepfamily  
combo

## Cooperative Parenting and Divorce full-day workshop

Learn to help divorced & divorcing parents. *Cooperative Parenting and Divorce* is a program that helps parents shield their children from parental conflict and guide them through the process of recovery, while establishing a positive, long-term relationship with the children's other parent. It is designed for couples with low to moderate conflict.

This Leader Training Workshop explores:

- The unique needs of families in transition
- How to work with conflicted parents
- How to market your parent groups
- Teaching practical skills such as anger management, impulse control, and effective communication

## Cooperative Parenting and Divorce program kit

by Susan Boyan, MEd, LMFT; and Ann Marie Termini, EdS, LPC

Eight-session program kit includes 36 minutes of video, a Leader's Guide, a Parent's Guide, a parent certificate, marketing materials, and intake forms.

#TR12E3100 . . . . . ~~\$349.00~~ **\$279.20**+s/h

\*with training registration & VIP code. Cannot be combined with other offers.

## AGENDA

|                 |   |
|-----------------|---|
| 8:00 – 8:30am   | Registration  |
| 8:30 – 9:00am   | The Divorce Dilemma<br><i>The following segments will explore each course session, including how to run the activities and use the video clips effectively.</i> |
| 9:00 – 10:00am  | Sessions 1-2  |
| 10:00 – 10:15am | Break   |
| 10:15 – 11:45am | Sessions 3-5  |
| 11:45 – 1:00pm  | Lunch on Your Own   |
| 1:00 – 2:30pm   | Sessions 6-8  |
| 2:30 – 2:45pm   | Break   |
| 2:45 – 3:15pm   | Introduction to <i>Crossroads of Parenting &amp; Divorce</i> , a 4-hour Seminar   |
| 3:15 – 4:00pm   | Implementing a Parenting Course/Marketing Your Class  |
| 4:00 – 4:30pm   | Q&A and Review  |

## Pricing Full-Day Workshops:

**Regular Price:** . . . . . \$159  
**Early Bird Special:**  
 (3 weeks before workshop). . . . . \$139  
**Walk-in Rate** . . . . . \$179  
**Special Offer: register 3, get 4th free!**  
 ♦ Add a program kit for 20% off kit price (kit for LTW only, when ordered with registration)

LTW Cancellation Policy: see page 4.



Also available  
in Spanish



## DATES Spring 2012

- Cooperative Parenting and Divorce** - full-day
- CA Sacramento . . . . . May 4, 2012
  - GA Atlanta (Marietta). . . . . March 30, 2012
  - GA Atlanta (Decatur). . . . . July 13, 2012
  - TX Dallas . . . . . April 28, 2012
- Call or check our web site for additional dates.

**Take 20% OFF**  
purchase price of program kit when ordered  
at same time as training registration!

# Active Parenting for Stepfamilies LTW

See page 9  
for divorce/  
stepfamily  
combo

## Active Parenting for Stepfamilies

full-day workshop

This leader training workshop teaches you how to lead the much-needed *Active Parenting for Stepfamilies* video and discussion program. You'll learn tips and techniques for leading parenting education courses in general, plus you'll gain an understanding of the contents and principles of the program. This comprehensive workshop will teach you:

- How to guide frustrated parents and stepparents to greater self-confidence
- How different styles of parenting affect how a child reacts
- How to set realistic expectations for the new family
- The role of the stepparent
- Ways to deal with differences in values and traditions
- Powerful communication and negotiation skills to strengthen marriage and family
- How to celebrate stepfamily successes

## Active Parenting for Stepfamilies

program kit

by Michael H. Popkin, PhD &  
Elizabeth Einstein, MA, LMFT

Six-session program kit includes 202 minutes of video, a Leader's Guide, a Parent's Guide, a parent certificate, 2 posters, and a promo flyer.

#TR12E1940 . . . . . ~~\$399.00~~ **\$319.20\***+s/h

Also available: three-session format

#TR12E1950 . . . . . ~~\$249.00~~ **\$199.20\***+s/h

*\*with training registration & VIP code. Cannot be combined with other offers.*



## AGENDA

|                 |   |
|-----------------|---|
| 8:00 – 8:30am   | Registration  |
| 8:30 – 10:30am  | Session I. Stepfamily Living: A Different Challenge   |
| 10:45 – 11:15am | Session II. Finding Your Way: Stepfamily Communication and Problem-Solving  |
| 11:15 – noon    | Session III. A Tale of two Histories: Turning Differences into Opportunities  |
| noon – 1:15pm   | Lunch On Your Own   |
| 1:15 – 2:00pm   | Session III. (Cont.)  |
| 2:00 – 3:00pm   | Session IV. The Challenge of Discipline   |
| 3:15 – 3:35pm   | Implementation  |
| 3:35 – 4:15pm   | Session V. From Anger and Power Struggles to Courage and Self-esteem; and Session VI. Celebrating Stepfamily Successes (overview) |
| 4:15-4:30pm     | Closing & Evaluations   |

## Pricing Full-Day Workshops:

**Regular Price:** . . . . . \$159

**Early Bird Special:**  
(3 weeks before workshop) . . . . . \$139

**Walk-in Rate** . . . . . \$179

**Special Offer: register 3, get 4th free!**

➤ Add a program kit for 20% off kit price (kit for LTW only, when ordered with registration)

*LTW Cancellation Policy: see page 4.*



**Take 20% OFF**

purchase price of program kit when ordered at same time as training registration!

**DATES** Spring 2012

*Active Parenting for Stepfamilies* - full-day

Call to arrange a Special Leader Training Workshop!

# Divorce/Stepparenting Combo LTW

## Two days of training to cover all the bases

For your convenience, we offer a special 1½-day training to cover very special family situations: co-parenting after divorce and the formation of a new stepfamily. Along with tips and techniques for leading parenting education courses in general, in this workshop you will learn the contents and principles of the following programs:

- *Cooperative Parenting and Divorce*
- *Active Parenting for Stepfamilies in 3*

(If you need training in just one program, please see pages 7 and 8 for dates and locations.)

### Cooperative Parenting and Divorce (Day 1 - full day)

Learn to help divorced and divorcing parents establish a positive relationship as co-parents. For more details and program kit ordering information, see description on page 7.

### Active Parenting for Stepfamilies in 3 (Day 2 - half day)

This workshop focuses on the specific challenges facing stepfamilies. For more details and program kit ordering information, see description on page 8.



## DATES

 Spring 2012

### *Cooperative Parenting and Divorce & Active Parenting for Stepfamilies in 3* -

1½-day workshops

TN Nashville.....June 1, 2012

Call or check our web site for additional dates.

Training@ActiveParenting.com ◀

## AGENDA

### DAY ONE

#### Cooperative Parenting and Divorce

|               |  |
|---------------|--|
| 8:00 – 8:30am | Registration   |
| 8:30 – 9:30am | The Divorce Dilemma                                  |
| 9:30 – 11:45  | Sessions 1-5 of the Program                          |
| 11:45– 1:00pm | Lunch on Your Own                                    |
| 1:00 – 2:30pm | Sessions 6-8   |
| 2:45– 3:15pm  | Intro to the 4-hour Version of the Program           |
| 3:15 – 4:00pm | Implementing a Parenting Course/Marketing Your Class |
| 4:00 – 4:30pm | Q & A and Review                                     |

### DAY TWO

#### Active Parenting for Stepfamilies in 3

|                 |   |
|-----------------|---|
| 8:00 – 8:30am   | Check in  |
| 8:30 – 10:30am  | Stepfamily Living: A Different Challenge                  |
| 10:30 – 11:15am | Turning Differences into Opportunities                    |
| 11:15 – 12:00pm | Encouraging & Celebrating Stepfamily Successes (Overview) |
| 12:00 – 12:30pm | Evaluations and Closing                                   |

## Pricing 1½-day Workshops:

**Regular Price:** ..... \$219

### Early Bird Special:

(3 weeks before workshop) ..... \$199

**Walk-in Rate** ..... \$239

**Special Offer: register 3, get 4th free!**

☛ Add a program kit for 20% off kit price (kit for LTW only, when ordered with registration)

*LTW Cancellation Policy: see page 4.*



## Take 20% OFF

purchase price of program kit when ordered at same time as training registration!

# 1,2,3,4 Parents! LTW

## 1,2,3,4 Parents! five-hour workshop

This workshop teaches you how to help parents of children in the formative years of ages 1 to 4. It is also perfect for early childhood staff training. Topics covered include:

- Ages and stages of development
- Nonviolent discipline for the young child
- Caring for the caregiver
- The power of encouragement

## 1,2,3,4 Parents! program kit

by Michael H. Popkin, PhD; Betsy Gard, PhD; and Marilyn Montgomery, PhD

Teach basic parenting skills to parents of children ages 1-4: ages and stages, building a bond, avoiding accidents, and non-violent discipline for young children. Created by Active Parenting Publishers and Children's Healthcare of Atlanta.

Three-session program kit includes 26 minutes of video, a Leader's Guide, a Parent's Workbook, a parent certificate, 2 posters, and a reproducible promo flyer. Also available filmed in Spanish.

#TR12E1600

English . . . . . ~~\$199.00~~ \$159.20\*+s/h

#TR12E1650

Spanish . . . . . ~~\$199.00~~ \$159.20\*+s/h

\*with training registration & VIP code. Cannot be combined with other offers.



## AGENDA

|                 |  |
|-----------------|--|
| 8:00 – 8:30am   | Registration                               |
| 8:30 – 9:00am   | Introduction & Overview                    |
| 9:00 – 11:15am  | Session I: Parent/Child Development        |
| 11:15 – 12:00pm | Session I Q&A and Implementation           |
| 12:00 – 1:15pm  | Lunch On Your Own                          |
| 1:15 – 2:15pm   | Session II: Preventing Problems            |
| 2:30 – 3:30pm   | Session III: Encouraging Positive Behavior |
| 3:30pm          | Closing & Evaluations                      |

## Pricing 5-hour Workshops:

**Regular Price:** . . . . . \$129

**Early Bird Special:**  
(3 weeks before workshop) . . . . . \$109

**Walk-in Rate** . . . . . \$149

**Special Offer: register 3, get 4th free!**

• Add a program kit for 20% off kit price (kit for LTW only, when ordered with registration)

LTW Cancellation Policy: see page 4.



## DATES Spring 2012

### 1,2,3,4 Parents! - five-hour

|    |                          |                |
|----|--------------------------|----------------|
| CA | Sacramento . . . . .     | March 29, 2012 |
| GA | Atlanta . . . . .        | May 18, 2012   |
| IL | Chicago . . . . .        | May 4, 2012    |
| MT | Glendive . . . . .       | May 10, 2012   |
| ND | Mandan . . . . .         | May 17, 2012   |
| NJ | East Orange . . . . .    | April 4, 2012  |
| TN | Nashville . . . . .      | May 25, 2012   |
| VA | Virginia Beach . . . . . | May 10, 2012   |

Call or check our web site for additional dates.

Also available filmed in Spanish



## Take 20% OFF

purchase price of program kit when ordered at same time as training registration!

# Padres Activos de Hoy LTW

**En Español**

## Padres Activos de Hoy full-day workshop

Learn how to teach Spanish-speaking parents to encourage cooperation, courage and responsibility in their children. This LTW is conducted in Spanish. You will learn how to:

- Implement the program in a variety of settings
- Become a more effective facilitator
- Explain the concepts to parents

duración del taller: un día

¿Cómo funciona este programa?

La versión en español de *Padres Activos Ahora*, tres sesiones, presenta imágenes de video completamente nuevas con actores Latinos. Aprenda cómo enseñarle a los padres de habla Hispana a motivar e inculcar en sus hijos la responsabilidad, la valentía y la cooperación. (El taller es conducido en español).

## Padres Activos de Hoy program kit

by Michael H. Popkin, PhD

Help Spanish-speaking parents learn how to encourage cooperation, courage and responsibility in their children. The three-session program kit includes 80 minutes of video (filmed in Spanish), a Leader's Guide, a Parent's Guide, a parent certificate, 2 posters, and a reproducible promo flyer. All materials are in Spanish.

#TR12E2200. . . . . ~~\$299.00~~ \$239.20 +s/h

*\*with training registration & VIP code. Cannot be combined with other offers.*

## AGENDA

|                 |   |
|-----------------|---|
| 8:00 – 8:30am   | Registro  |
| 8:30 – 9:30am   | Sesión I: El Padre Activo                                 |
| 9:30 – 10:30am  | Sesión II: Inculcando la valentía y Autoestima            |
| 10:45 – 12:00pm | Sesión III: Entendiendo a su Hijo                         |
| 12:00 – 1:00pm  | Lunch Por Su Cuenta                                       |
| 1:00 – 2:00pm   | Sesión IV: Desarrollando la Responsabilidad               |
| 2:00 – 2:30pm   | Implementación del Programa                               |
| 2:45 – 3:30pm   | Sesión V: Cómo ganar la Cooperación                       |
| 3:30 – 4:15pm   | Sesión VI: Ser Padres Activos en una Sociedad Democrática |
| 4:15 – 4:30pm   | Cierre / Evaluaciones                                     |

## Pricing Full-Day Workshops:

**Regular Price:** . . . . . \$159

**Early Bird Special:**

(3 weeks before workshop) . . . . . \$139

**Walk-in Rate** . . . . . \$179

**Special Offer: register 3, get 4th free!**

• Add a program kit for 20% off kit price (kit for LTW only, when ordered with registration)

*LTW Cancellation Policy: see page 4.*



## We Make House Calls!

Call our Training Coordinator at 800-825-0060 or e-mail [training@activeparenting.com](mailto:training@activeparenting.com) to find out how to set up a Special Leader Training Workshop.

## DATES Spring 2012

*Padres Activos de Hoy* - full-day  
Call to arrange a Special Leader Training Workshop in Spanish!

[Training@ActiveParenting.com](mailto:Training@ActiveParenting.com) ◀



## Take 20% OFF

purchase price of program kit when ordered at same time as training registration!

# TRAINING of TRAINERS WORKSHOPS

The Training of Trainers is a special training experience. Come spend three days living and learning with experts and colleagues who share your enthusiasm for strengthening families. You'll leave with new information, new skills, and a newfound excitement about your career and potential for achieving more.

## What happens at the TOT?

After Active Parenting author Dr. Michael Popkin's keynote address comes a group welcome lunch. Then you will begin a thorough exploration of the parent education programs from a trainer's perspective. Next you will sharpen your skills by offering a pre-assigned mini-presentation in the role of a trainer. Evenings are free for you to explore the city!

Upon successful completion of the Trainer track requirements, you will...

- be certified and authorized to charge fees for your Leader Training Workshops (LTWs)
- be authorized to provide certification to leaders

## What do I get?

At the TOT, you will receive...

- 3 full days of training
- a DVD of your mini-presentation to help you fine-tune your skills
- 2.0 CEUs or 20 contact hours from NBCC
- 20% off the cost of a program kit (program kit not included in price of training)
- PowerPoint Presentation for your class
- TOT notebook as training resource
- group luncheon
- breaks & snacks
- welcome bag
- group photo
- the coveted TOT T-shirt



**TRAINER:** one who teaches parenting educators ("leaders") how to lead a group, usually at a Leader Training Workshop (LTW).

## 2 Tracks of Learning

Become a certified trainer in one of the following programs:

- Active Parenting
- Cooperative Parenting & Divorce - Atlanta only

## 2 Locations

- Phoenix, AZ . . . . March 22-24, 2012
- Atlanta, GA. . . . . July 12-14, 2012

## 1 Low Price

**Save \$100!**

The cost of the TOT is \$549 (save \$100 if you register at least 60 days in advance). Price includes 3 days of training, all workshop materials, certification, daily snacks and the group lunch. An optional Leader Training Workshop, held on the day prior to each TOT seminar, is an additional \$159 (\$149 early bird).

Phoenix, AZ  
March 22-24, 2012



Atlanta, GA  
July 12-14, 2012

Contact the Training Coordinator for information about lodging, registration, and other details.  
(800-825-0060 x120)

**TOT Cancellation Policy:** If you cancel at least 15 days prior to the TOT, all but \$100 will be refunded. Otherwise, a credit will be issued for future Active Parenting training or materials (less a \$100 cancellation fee). Dates and locations are subject to change. Active Parenting Publishers cannot be held responsible for non-refundable travel reservations.

800-825-0060 x120 • [www.ActiveParenting.com](http://www.ActiveParenting.com)

# Active Parenting TOT

Led by Michael Popkin, PhD

Phoenix • March 22-24, 2012

Atlanta • July 12-14, 2012

Program  
Kits p.6

This track will explore Active Parenting in general and two programs in particular: *Active Parenting Now* and *Active Parenting of Teens*.

## At the Active Parenting Training of Trainers, you will . . .

- explore the programs in depth
- fine-tune your presentation skills
- learn how to adapt the course material for any audience
- network with fellow educators who understand the challenges you face

## Prerequisite

To participate in these tracks of the TOT, you must complete an Active Parenting Leader Training Workshop (LTW) prior to the TOT. For your convenience, an LTW will be held the day before the TOT at all locations, in addition to the dates listed on page 5. You must also become familiar with the program content prior to the TOT. It is best if you have led one or more parent groups, but we make exceptions if you agree to lead a parent group after you attend the TOT seminar to complete your certification.

## Your Presenters

**Michael Popkin, PhD**, founded Active Parenting Publishers in 1983 and is the author of *Active Parenting Now* and *Active Parenting of Teens*. In Phoenix, he will be assisted by



**◀ Nancy Spence, M.A. Ed.** Nancy has been leading Active Parenting classes and trainings for 23 years with a wide variety of audiences. In Atlanta, Dr. Popkin will

be assisted by **Steven Hargrave, LPC, LMFT.** ▶ Steven currently works full-time for the Iberia Parish (LA) Public School System and has been leading Active Parenting courses since 1998.



Save \$100!

## AGENDA

### THURSDAY

- 8:30am Registration
- 9:00am Introductions & Review
- 10:30am Keynote: Dr. Michael Popkin
- noon Group Luncheon
- 1:00pm Characteristics of Effective Trainers/Leaders
- 1:45pm Handling Challenging Situations in Training
- 2:45pm Model Presentation and Discussion

### FRIDAY

- 8:30am Stepfamily Issues in Parenting
- 9:15am Reviewing Think-Feel-Do Model Logical Consequences 5 Goals of Behavior
- 10:30am Using Humor in Training
- 11:00am Review of Detailed Training Agendas and Their Use Key Concepts to Include in Your LTW
- 11:45am Lunch (on your own)
- 1:00 Presentation Skills Training

### SATURDAY

- 8:30am Presentation Skills Training
- noon Lunch (on your own)
- 1:30pm Post-test and Review
- 2:45pm Setting Goals Implementing Your LTWs
- 3:45pm Closing Ceremony

## Fees

The cost of the TOT is \$549 (save \$100 if you register at least 60 days before the TOT begins). An optional LTW, held on the day prior to each TOT, is an additional \$149 (\$139 early bird). Registering entitles you to 20% off the purchase price of the program kit—see page 6.

Training@ActiveParenting.com ◀



# Cooperative Parenting & Divorce TOT

Led by David Beamish, MS

Program  
Kit p. 7

## Atlanta • July 12-14, 2012

More and more judges require parenting classes for divorcing couples. This means a greater need for leaders—and trainers like you to teach them. At the *Cooperative Parenting and Divorce Training of Trainers*, you will . . .

- explore each session of the program in depth
- learn about the new 4-hour seminar for divorced parents
- receive training and authorization to conduct your own Leader Training Workshops (LTWs)
- learn from an experienced trainer about what your LTW participants need to know
- fine-tune your presentation skills
- network with fellow educators who understand the challenges you face

### Prerequisite

To participate in the TOT, you must become familiar with the program content prior to the TOT. It is best if you have led one or more parent groups, but we make exceptions if you agree to lead a parent group after you attend the TOT seminar to complete your certification.



### Your Presenters

Active Parenting president **Dr. Michael Popkin** will be joined in this track by presenter **David Beamish, MS**.

David is a licensed marriage and family therapist and professional counselor.

He has been leading parenting workshops since 1990 and has been an Active Parenting Trainer since 1993. David divides his time between his counseling practices in North Carolina and Georgia and has been training leaders for *Cooperative Parenting and Divorce* since the program was introduced.



Save \$100!

### Fees

The cost of the TOT is \$549 (save \$100 if you register at least 60 days in advance). Price includes 3 days of training, all workshop materials, certification, snacks and the group lunch. Registering for the TOT entitles you to 20% off the purchase price of a program kit—see page 7.

## AGENDA

### THURSDAY

- 8:30am Registration
- 9:00am Introductions & Review
- 10:30am Keynote: Dr. Michael Popkin
- noon Group Luncheon
- 1:00pm Characteristics of Effective Trainers/Leaders
- 1:45pm Handling Challenging Situations in Training
- 2:45pm Model Presentation and Discussion

### FRIDAY

- 8:30am Introduction to *Cooperative Parenting and Divorce* Program
- 9:00am The Divorce Dilemma
- 9:30am Working with Conflicted Parents
- 10:15am Teaching Session 1
- 10:45am Teaching Session 2
- 11:15am Teaching Session 3
- 11:45am Lunch (on your own)
- 1:00pm Teaching Session 4
- 1:30pm Teaching Session 5
- 2:00pm Teaching Session 6
- 2:45pm Teaching Session 7
- 3:15pm Teaching Session 8
- 3:45pm Introduction to the 4-hour Divorce Seminar Program (*Crossroads of Parenting & Divorce*)

### SATURDAY

- 8:30am Introduction to *Active Parenting for Stepfamilies*
- 10:15am Presentation Skills Training
- noon Lunch (on your own)
- 1:30pm Post-test and Review
- 2:45pm Setting Goals  
Implementing and Promoting Your LTWs
- 3:45pm Closing Ceremony

# More Program Kits from Active Parenting



## Crossroads of Parenting & Divorce

by Susan Boyan, MEd, LMFT; and Ann Marie Termini, EdS, LPC

This 4-6 hour video-based seminar will help parents become aware of how their actions may inadvertently harm their children, show how to establish positive post-divorce co-parenting relationships, and provide them with the skills they need to stay child-focused while minimizing poor choices amidst conflict and loss. Kit includes 20 minutes of video, a Leader's Guide, a Parent's Guide, a parent certificate and promotional materials.

#TR12E3400 . . . . . \$249.00 +s/h



## Parents on Board

by Michael H. Popkin, Ph.D.; Bettie B. Youngs, Ph.D., Ed.D.; and Jane M. Healy, Ph.D.

This three-session program is designed for parents of children in grades K-7. Kit includes 52 minutes of video, a Leader's Guide, a Parent's Guide, an Active Parenting Booklet, a parent certificate and promotional materials.

#TR12E1500 . . . . . \$249.00 +s/h



## Teens in Action

by Michael H. Popkin, Ph.D. & Peggy Hendrickson, M.A., M.S.W., A.C.S.W.

Helps teens and preteens understand developmental changes in their bodies and minds; shows them how to communicate effectively with parents, adults, and other teens. Kit includes 90 minutes of video, a Leader's Guide, a Teen's Guide, a teen certificate and promotional materials.

#TR12E1740 . . . . . \$299.00 +s/h



## Paternidad Activa de Adolescentes

by Michael H. Popkin, Ph.D.

This edition of *Active Parenting of Teens* (3rd ed.) features video dubbed by professional actors in Mexico and Parent's Guide in Spanish. The program can be implemented in 2,3,4 or 6 sessions. Kit includes 173 minutes of video, a Leader's Guide (Spanish), a Parent's Guide (English), a parent certificate and promotional materials.

#TR12E4510 . . . . . \$399.00 +s/h

# We Make House Calls!

**Do you have special training needs? Active Parenting can help!**

“We need more than a day’s training.”

“There aren’t any LTWs in our state!”

“We want to be trained in two programs at once.”

“Our audience is unusual. How do we reach them?”



If you have at least 12 people who need to be trained in Active Parenting programs, we will design and implement a workshop specifically for your organization—when and where you want, for groups large or small.

Call today for information about bringing one of these special training sessions to your organization:

- Leader Training Workshops for any program(s)
- customized Training of Trainers
- any combination of the above

Not only will you get exactly the kind of training you need, but you’ll save on registration fees—and earn credit toward the purchase of Active Parenting materials!

Let’s work together to find a way to provide the best possible training for your organization and within your budget. To get started, just call Training Coordinator Micole Mason at 1-800-825-0060, extension 120.

Here are some of the organizations who arranged a “house call” last year:

- WV Supreme Court of Appeals  
– Charleston, WV
- Family Services Center  
– Brownwood, TX
- Wicomico Partnership for Families & Children – Salisbury, MD
- The American School in London  
– London, England
- 4C of Southern Indiana  
– Evansville, IN
- Alabama School for the Deaf  
– Talladega, AL
- Children’s Services Council  
– Boynton Beach, FL
- J.B. Lafargue Special Education Center  
– Alexandria, LA



*“A Special Leader Training Workshop was much more convenient and cost-effective for us.”*

– Helen Beausoleil  
Director of Youth Ministry  
Helena, Montana

## TO REGISTER . . .

- ▶ Call 1-800-825-0060 ext. 120  
Between 9:30am – 5:30pm Eastern Time.
- ▶ or Fax form to 770-429-0334
- ▶ or Go online to [www.activeparenting.com/training.htm](http://www.activeparenting.com/training.htm) and register on our secure server
- ▶ or Mail your order to:  
**Active Parenting Publishers**  
**1220 Kennestone Circle, Suite 130**  
**Marietta, GA 30066-6022**  
*We accept Visa, MasterCard, Discover and American Express.*

|  |
|--|
| <input type="checkbox"/> Residence <input type="checkbox"/> Business |
| Name: _____  |
| Title: _____   |
| Organization: _____  |
| Address: _____   |
| City/State/Zip _____   |
| Day Phone: (    ) _____  |
| Fax Number: (    ) _____   |
| E-mail Address: _____  |

Order kits or register for any of the LTWs listed on pages 2-11 or for any of the TOTs listed on pages 12-14. If registering, please indicate whether it is a LTW or TOT. \*\*Add 10% shipping and handling for kits only.

| Description  | Quantity | Price |
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| **add shipping and sales tax (if applicable - see below)                               |          |       |
| <b>SUBTOTAL</b>  |          |       |
| (GA residents only, add applicable county tax or 7% if unknown) <b>SALES TAX</b>       |          |       |
| **(Details below) <b>SHIPPING CHARGES</b><br>10% of subtotal; minimum charge of \$6.95 |          |       |



**We guarantee satisfaction!** We are convinced you'll find our live Training workshops an outstanding value. If you are not satisfied for any reason, let us know within the time limit and we'll refund your registration fee. (See applicable page for specific terms.)

**The fine print:** Active Parenting Publishers reserves the right to cancel a workshop due to unforeseen circumstances. Active Parenting Publishers cannot be responsible for non-refundable travel expenses. LTW and TOT dates and locations are subject to change.

**Cancellation policies—TOT:** If you cancel at least 15 business days prior to the TOT, all but \$100 will be refunded. Otherwise, a credit will be issued for future Active Parenting training or materials (less a \$100 cancellation fee). Dates and locations are subject to change. **LTW:** If you cancel at least 15 business days prior to the LTW, all but \$25 will be refunded. Otherwise, a credit will be issued for future Active Parenting training or materials (less a \$25 cancellation fee). Dates and locations are subject to change.

**\*\*Shipping/Handling :** Add shipping for materials orders only (not for training registrations). 10% of subtotal; minimum charge \$6.95. For destinations outside the continental U.S., actual shipping is charged using 2-day air unless specified, plus 5% handling fee.

### Payment or Purchase Order Number Must Accompany Registration Form.

Amount: \$ \_\_\_\_\_

P.O. Number: \_\_\_\_\_

Check or money order (Make payable to Active Parenting Publishers.)

VISA                       MasterCard                       American Express

Card #: \_\_\_\_\_ Exp. date: \_\_\_\_\_

Authorized Signature: \_\_\_\_\_